

RANTOUL COMMUNITY RESOURCES GUIDE



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CLOTHING

Bethany Park Christian Church

1401 E. Grove Ave, Rantoul, IL 61866
(217) 893-1290

<http://bethanyparkchristianchurch.weebly.com>

Mondays 7-8pm, Wednesdays 3-4:30pm

Provided with 1 heavy coat per person; 1 light spring jacket per person; 1 or 2 pairs of jeans per person; new underwear and socks if available. Visits are limited to one every 30 days. A new referral is needed each year. Referral slips available at the Community Service Center (520 E. Wabash Ave)

Restoration Urban Ministries

1213 Parkland Ct. Champaign, IL 61821
(217) 355-2662

<http://restorationurbanministries.net/programs-services/community-programs/clothing-food-panty>

Monday, Tuesday, Thursday, and Friday from 10am to 1pm.

Salt & Light Ministry

1512 W. Anthony Dr, Champaign, IL 61821
(217) 355-5654

<http://www.saltandlightministry.org>

Monday - Saturday 9am-8pm

Salvation Army of Champaign County

2212 Market St, Champaign, IL 61801 - Red Shield Center
(217) 373-7832

<http://sachampaign.org>

Visits allowed one time per month

Seek and Find

233 Garrard Ave, Rantoul, IL 61866
(940) 539-0601

<http://www.seekandfindthriftstore.org>

Wednesday - Friday 10am to 5pm, Saturdays 9am-12pm

COMMUNITY CENTERS

Community Service Center of Northern Champaign County

520 E. Wabash Ave, Suite 1, Rantoul, IL 61866

(217) 893-1530

<http://cscrantoul.org>

Provides information, referral and advocacy services, emergency food pantry, clothing referrals, activity vouchers for youth, Holiday Bureau food and toy distribution, utility and prescription assistance, and fax, copy and notary service. Serves the Northern Champaign County.

Multicultural Community Center

1126 Country Club Ln, Rantoul, IL 61866

(217) 892-4466

<http://www.mcc-rantoul.org>

Provides services to the community in areas of education, cultural arts, recreation, community development, health and social services. Provides child care and a comprehensive service of education, health nutrition, transportation, and social services for children through their Head Start Program and Child Enrichment Program.

CRISIS

2-1-1 Champaign County

24 Hour Phone: 2-1-1

<http://www.referweb.net/Path>

2-1-1 is a non-emergency number that connects individuals to a variety of services. Callers will be matched to agencies and resources based on their individual needs. Callers can get assistance with Food and shelter, Counseling and mental health services, Income and employment support, Help for the elderly and people with disabilities, Resources for children and families, Domestic Abuse, Drug/Alcohol Rehabilitation, and Disaster Recovery.

Children's Advocacy Center

201 W. Kenyon Rd, Champaign, IL 61820

Child Abuse Hotline: (800) 252-2873

(217) 384-1266

<http://www.co.champaign.il.us/CAC>

Provides medical and victim advocacy, community education, crisis counseling, survivor therapy groups, and information and referral for victims of child abuse.

Courage Connection

508 E. Church Street, Champaign, IL 61820

(217) 352-7151

Domestic Violence Hotline: (217) 384-4390

<http://courageconnection.org>

Services are also provided at 520 E. Wabash Ave. Suite 1, Rantoul, IL 61866 (Community Service Center)

Courage Connection provides housing and supportive services for individuals and families experiencing homelessness or who are victims of domestic violence. Courage Connection assists individuals and families by helping them get shelter, assisting in receiving orders of protection, providing domestic violence counseling, and providing a 24 hour hotline amongst other things.

Crisis Nursery

1309 W. Hill St. Urbana, IL 61801

(217) 337-2731

Crisis Line: (217) 337-2730

<http://www.crisisnursery.net>

Provides 24-hour emergency care for children to support families in crisis. Support, resources, and services are available for families dealing with challenges such as parental stress, perinatal depression, homelessness, teen parenting, etc. Services include home visits, parent-child interaction groups, support groups, and referrals for resources and follow-ups. If needed, basic care items such as diapers, wipes, formula, and clothing may be available.

Crosspoint Human Services

1801 Fox Drive, Champaign, IL 61820

(217) 351-9744

Crisis Hotline: (217) 442-3200

Screening Assessment and Support Services Hotline: (800) 345-9049

Domestic Violence Hotline: (888) 549-1800

<http://www.crosspointhumanservices.org>

Crosspoint Human Services offers a wide variety of services to individuals and families. They offer multiple 24 hour hotlines for crisis, domestic violence, as well as screening assessment and support services. Their services include Mental Health/Recovery services, Domestic Violence/Homeless services, Medical Services, Residential Services, Services for those with Developmental Disabilities, and Veterans Services.

Mobile Crisis Response

1 (800) 345-9049 (Voice)

1 (773) 523-4504 (TTY)

<https://www.illinois.gov/hfs/MedicalProviders/behavioral/Pages/MobileCrisisResponse.aspx>

Mobile Crisis Response provides resources and access to care for youth experiencing crisis in their homes, schools, and communities. By calling the CARES line you will be connected to a trained professional who assess the crisis situation, and make a determination with the youth and family on what services and supports are needed to manage the crisis.

Rape Advocacy, Counseling, & Education Services

300 S. Broadway Avenue, Lincoln Square Mall, Suite 154A, Urbana, IL 61801

(217) 344-6298

24 Hour Hotline: (217) 384-4444

24 Hour Toll Free Hotline: 1-877-236-3727

<https://www.cu-races.org>

Hours: By Appointment

Rape Advocacy, Counseling, & Education Services (R.A.C.E.S.) provides a 24 hour crisis hotline as well as medical advocacy. The 24 hour hotline may assist in accessing crisis counseling services, referral, support, and other information. Medical advocates will accompany survivors through evidence collection and treatment processes while giving support and information.

Rosecrance (formerly Community Elements)

24hr Crisis Line: (217) 359-4141

1801 Fox Drive

Champaign, IL 61820

(217) 398-8080

801 N. Walnut Street

Champaign, IL 61820

(217) 373-2430

<http://rosecrancechampaignurbana.org>

Rosecrance is a private not-for-profit organization offering behavioral health services for children, adolescents, adults and families with high-quality, efficient and effective outpatient mental health services for children, adults and families through a variety of programs.

The Crisis Residential Unit is a voluntary, short-term program available to individuals with serious mental illness who are experiencing a psychiatric crisis but who, after assessment, are determined not to need inpatient care. These individuals do require services in a voluntary 24-hour supervised setting.

Projects for Assistance in Transition from Homelessness (PATH) provides outreach/therapeutic services to individuals who are homeless or at imminent risk of becoming homeless and have a serious mental illness or co-occurring disorder.

EMERGENCY SERVICES

METCAD

Emergency Phone: 9-1-1

1905 E Main St, Urbana, IL 61802

(217) 333-4348

<http://www.metcad911.org>

METCAD answers emergency assistance requests. It is important to note that they can now assist individuals who text 9-1-1 who may be unable to call them on the phone.

Rantoul Fire Department

Emergency Phone: 9-1-1

333 S. Tanner Street, Rantoul, IL 61866

(217) 892-8401

<http://www.village.rantoul.il.us/index.aspx?NID=483>

Rantoul Police Department

109 E Grove Ave, Rantoul, IL 61866

Emergency Phone: 9-1-1

(217) 892-2103

<http://www.village.rantoul.il.us/Directory.aspx?DID=4>

FOOD

Community Service Center of Northern Champaign County

520 E. Wabash Ave. Suite 1, Rantoul, IL 61866

(217) 893-1530

<http://cscrantoul.org/services/pantry>

Monday through Friday 10am to 4pm

Families can receive food once a month. Will need ID and proof of address within the last 30 days at each visit.

Cultivadores Pantry

555 S. Maplewood Dr, Rantoul, IL 61866

(217) 892-5392

January through November 6:30pm to 8pm on the 2nd Monday

Daily Bread Soup Kitchen

124 W. White, Champaign, IL 61820\

(201) 356-7687

<http://www.dailybreadsoupkitchen.com>

Monday through Friday 11am - 12:30pm

Feeding Our Kids

feedingourkids@gmail.com

<http://feedingourkids.org>

Provides nourishing food to food insecure school children in Champaign County on weekends and school holidays throughout the school year.

Holy Cross Catholic Church

405 W. Clark St, Champaign, IL 61801

(217) 352-8748

<http://www.holycrosscatholic.org>

Meals on wheels/home delivery for senior citizens

Illinois Department of Human Services

705 N Country Fair Dr, Champaign, IL 61821

(217) 278-5605

M-F 8:30 am - 5pm

Can help families meet basic needs

<http://www.dhs.state.il.us>

Restoration Urban Ministries

1213 Parkland Ct, Champaign, IL 61821

(217) 355-2662

<http://restorationurbanministries.net/programs-services/community-programs/clothing-food-panty>

Monday, Tuesday, Thursday, and Friday from 10am to 3pm.

Right Hand Food Pantry (Grace and Truth Church)

1281 Eater Dr, Rantoul, IL 61866

(217) 892-5110

2nd and 4th Saturday from 10am to 12pm

Salvation Army of Champaign County

2212 Market St, Champaign, IL 61801 - Red Shield Center

(217) 373-7832

<http://sachampaign.org>

Food Bank 1 time per month

St. Vincent DePaul Food Pantry at St. Patrick's Church

708 W. Main St, Urbana, IL 61801

(217) 367-2665

<http://stpaturbana.weebly.com>

Open Monday - Thursday from 4:30pm to 5pm. May pick up groceries every other week. An ID validating Champaign County residence will be necessary.

Stone Creek Food Pantry

3105 N. Maplewood Dr, Rantoul, IL 61866

(217) 344-5455

<http://stonecreekwired.com>

Last Tuesday of the month from 6pm to 8:30pm

Vineyard Church Food Pantry

1802 N Lincoln Ave, Urbana, IL 61820

(217) 384-3070

<http://urbana.thevineyardchurch.us>

Groceries and hot meals available. Open every Wednesday from 10am to 12pm and 5pm to 6pm.

Wesley Food Pantry

1203 Green St, Urbana, IL 61801

(217) 344-1120

<http://www.wesleypantry.org>

Every Thursday of the month from 5:30pm to 7:30pm

Women, Infants, and Children (WIC)

520 E. Wabash Ave, Suite 2, Rantoul, IL 61866

(217) 893-0832

<http://www.c-uphd.org/wic.html>

Helps safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age 5, who are at nutritional risk. Provides food assistance and referrals to healthcare.

HEALTHCARE

DENTAL

Angel Smiles

730 Enterprise, Rantoul, IL 61866

(217) 892-8868

<http://www.angelsmilesdentalcenter.com>

Accepts Medicaid for children only.

Champaign County Christian Health Center

1400 W. Park St, Urbana, IL 61801

Appointment Line: (217) 402-5683

Other questions: (217) 398-2914

<http://www.ccchc2003.org>

2nd and 4th Wednesday of the month from 5:15pm to 6:45pm

Provides free primary care services to patients with no insurance or medical card.

Champaign-Urbana Public Health District - Dental Health

201 W. Kenyon Rd, Champaign, IL 61820

(217) 531-4279

<http://www.c-uphd.org/dental-health.html>

Dental services are provided to youth ages 1 to 18 on medical card or KidCare. Those over 18 years of age who are still high school students can also be served. Preventive and cleaning work, sealants, x-rays, fillings and some extractions are done. All services are by appointment.

Frances Nelson Dental Center

819 Bloomington Rd, Champaign, IL 61820

(217) 403-5477

<http://www.promisehealth.org>

An affordable dental center for adults and children. Open Monday to Thursday 8am to 7pm. Call for an appointment.

Illinois Department of Human Services

705 N Country Fair Dr, Champaign, IL 61821

(217) 278-5605

<http://www.dhs.state.il.us/page.aspx?item=29722>

M-F 8:30 am - 5pm

Helps families meet basic needs.

Parkland Dental Hygiene Clinic

Parkland Main Campus: Room L148
(217) 351-2221

<http://www.parkland.edu/academics/departments/health/dentalclinic.aspx>

Fee is \$10 for all appointments necessary within a 6 month period; Free for children under 11; Free for adults over 65, Medicaid or Public Aid recipients.

SmileHealthy

104 Nightingale Ct, Rantoul, IL 61866
Phone: (217) 359-7404

<http://www.promisehealth.org/smilehealthy>

The center accepts Medicaid, private insurance, and self-pay patients.

MEDICAL

Carle Clinic

1540 E Grove Ave, Rantoul, IL 61866
(217) 893-7700

<https://carle.org/Locations/Rantoul>

Champaign County Christian Health Center

1400 W. Park St, Urbana, IL 61801
Appointment Line: (217) 402-5683
Other questions: (217) 398-2914

<http://www.ccchc2003.org>

Tuesdays 5:40pm to 7:40pm and 2nd/4th Wednesdays 5:40pm to 7:30pm

Provides free primary care services to patients with no insurance or medical card.

Champaign County Health Care Consumers

44 East Main Street, Suite 208, Champaign, IL 61820
(217) 352-6533

<http://www.healthcareconsumers.org>

Provides assistance with health care issues, signing up for insurance, applying for financial assistance.

Christie Clinic

209 W Borman Dr, Rantoul, IL 61866
(217) 892-9671

<http://www.christieclinic.com>

Community Care Discount Program - Carle

611 W. Park St, Urbana, IL 61801
(217) 326-3099

https://carle.org/Documents/Carle_Community_Care_Application-English

Offers a number of options for families struggling to pay health care bills, including convenient payment plans and free or discounted health care. The program covers both inpatient and outpatient services.

Promise Healthcare

Frances Nelson- 819 Bloomington Rd, Champaign, IL 61820

(217) 356-1558

<http://www.promisehealth.org>

Walk in hours: Mon 7:30am - 7:30pm / Tues to Fri 7:30am - 5:30pm

Promise Healthcare at the Community Resource Center

1400 W. Park, Bldg 3, Urbana, IL 61801

Walk in hours: Tue/Wed 8am to 5pm / Thur 10am to 7pm / Fri 8am to 6pm

Provides primary medical services, prenatal program, immunizations, health education, and social services to medically underserved and uninsured adults and children of Champaign County. A sliding-fee scale is offered to clients without insurance with verification of financial status.

VISION

Champaign County Lions Club

(217) 539-5333

<http://www.champaignlions.org>

Provides financial assistance toward eye examinations, eye glasses and hearing aids for individuals in need. Assistance is usually once in a lifetime per person.

Champaign-Urbana Public Health District - Vision and Hearing

201 W. Kenyon Rd, Champaign, IL 61820

(217) 531-4338

<http://www.c-uphd.org/vision-hearing.html>

Offers vision and hearing screenings to Champaign County residents age 3-18 by appointment. AllKids, medicaid, cash, check, or credit card are accepted. Vision and hearing screenings are also offered to State licensed preschools and daycares. Call for an appointment.

Chittick Family Eye Care

1291 E. Grove Ave, Rantoul, IL 61866 (Maple Grove Shopping Plaza)

(217) 892-2727

<http://www.chittickeyecare.com>

Comprehensive vision examinations and specializing in the diagnosis and treatment of a wide array of eye diseases, conditions, and problems. Call or go online to schedule an appointment.

Kruger Vision Service

520 E. Wabash Ave. Suite 1, Rantoul, IL 61866 (Community Service Center)

(217) 893-1530

Services are available on Tuesdays from 1:00 to 4:00 pm for medicaid clients to pick out, order, or pick up glasses. All appointments are walk in. A copy of your exam results (can be obtained at the Wal-Mart Vision Center) and your medicaid card are needed.

LensCrafters

Market Place Shopping Center, 2000 N. Neil St, Champaign, IL 61820

(217) 356-8585

<https://www.lenscrafters.com>

LensCrafters will take referrals from school personnel for students who need glasses but cannot afford a new pair.

Walmart Vision Center

845 Broadmeadow Rd, Rantoul, IL 61866

(217) 892-5095

<https://www.walmart.com>

Lice Removal

Central Illinois Lice Removal Service

(309) 431-2545

<http://www.licedoctors.com/illinois/central-illinois-lice-treatment-service.html>

Call LiceDoctors anywhere in Central Illinois at 309-431-2545 daytime or nighttime, 365 days a year

LESBIAN, BISEXUAL, GAY, TRANSGENDER, AND QUESTIONING SERVICES

Anita Rose Hund, PhD

100 N. Chestnut St, Suite 243, Champaign, IL

(217) 649-8735

<http://anitahund.com>

Provides therapy and psycho-educational workshops on a variety of topics.

Champaign Urbana Public Health District (HIV/AIDS Services)

201 W. Kenyon Rd, Champaign, IL 61820

(217) 239-7827 / (217) 531-5368

<http://www.c-uphd.org/hiv-aids-services.html>

Offers free, anonymous HIV testing and counseling, prevention services for HIV/STD's, safer sex information and materials. Provides case management services for anyone living with HIV/AIDS regardless of income or insurance. Those who meet income and insurance guidelines are also eligible for dental care, housing services, utility support, primary HIV medical care, nutrition services, vaccinations, transportation assistance, mental health services and legal service. Free condoms, lubricant and other safer sex items are available.

Elliott Counseling Group

309 W. Clark Street, Champaign, IL 61820

(217) 398-9066

Crisis Line: (217) 359-4141

<http://elliottcounselinggroup.com>

Serves individuals, couples and families, addressing the entire range of emotional and mental health issues. They offer a sliding scale for low income families.

Joanna Kling, M.Ed. LCPC. Progress Group

507 W. Springfield Ave, Urbana, IL

(217) 344-4722 / (217) 953-4264

<http://www.joannaklingtherapy.com>

Offers individual, couple, family, and group counseling and therapy for a wide range of life challenges and psychological issues.

LGBT Resource Center of U of I

1401 W. Green St. Urbana, IL 61801 Room 323, Illini Union

(217) 244-8863 / lgbtrc@illinois.edu

<https://oiir.illinois.edu/lgbt-resource-center>

Connects students to support groups and other community support services.

Nicholas Bridgett, LCSW

209 W. University Suite 101, Champaign, IL

(217) 417-6432

<http://www.champaigntherapy.com>

Provides individuals, couples and family counseling for a wide range of emotional and behavioral issues.

Parents, Family and Friends of Lesbians and Gays (PFLAG)

1203 W Green St, Urbana, IL 61801

The Wesley Foundation

(217) 344-1120 / Cindy Dodd (crd2001@mchsi.com)

<https://oiir.illinois.edu/lgbt-resource-center/resources/community-resources>

A group for close family members and friends who want to honor and support their loved ones who are LGBT. Meets on the 4th Tuesday of the month

Planned Parenthood Champaign Health Center

302 E. Stoughton St, Champaign, IL 61820

(217) 359-8022

<https://www.plannedparenthood.org/health-center/illinois/champaign/61820/champaign-health-center-3283-90430>

Provides transgender hormone therapy, psycho social support services, and testing and treatment for sexually transmitted infections.

Rape Advocacy Counseling & Education Services (R.A.C.E.S.)

300 S. Broadway Avenue, Lincoln Square Mall, Suite 154A, Urbana, IL 61801

24 Hour Hotline (217) 384-4444

Office (217) 344-6298

<https://www.cu-races.org>

R.A.C.E.S. assists in providing crisis counseling services, referral, and support. Medical advocates will accompany survivors through evidence collection and treatment processes while giving support and information.

The UP (Uniting Pride) Center of Champaign County

1001 South Wright Street, Champaign, IL 61820

Located in the lower level of the University YMCA

(217) 550-4248

<http://www.unitingpride.org>

Provides supportive and educational services with community-building activities for the lesbian, gay, bisexual, transgender, questioning, and ally community of Champaign County.

Trans Lifeline

(877) 565-8860

<http://www.translifeline.org>

A hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to people experiencing a crisis. This includes people who may be struggling with their gender identity or plan to inflict self harm, or whatever support needs callers might have.

The Trevor Project

(866) 488-7386

<http://www.thetrevorproject.org>

A national 24-hour, toll free confidential suicide hotline for LGBTQ members and questioning youth.

MENTAL HEALTH

COUNSELING

Ascend Consultation in Health Care

700 S. Gregory St. Suite A, Urbana, IL 61801

(217) 531-4796

<http://www.ascendchc.com/>

Comprehensive behavioral healthcare to improve emotional health, artistic performance, professional excellence and/or athletic achievement for individuals of all ages. Licensed professional staff including psychologists, marriage and family therapists, dietitians, exercise physiologists, social workers, certified yoga instructors. Offers Individual, Group, Family and Intensive Outpatient therapy. Also offers comprehensive individualized services for Eating Disorders. Programs are tailored specifically to the needs of each individual offering a spectrum of care and supervision.

Anita Rose Hund, PhD

100 N. Chestnut St, Suite 243, Champaign, IL

(217) 649-8735

<http://anitahund.com>

Provides therapy and psycho-educational workshops on a variety of topics.

Elliott Counseling Group

309 W. Clark Street, Champaign, IL 61820

(217) 398-9066

Crisis Line: (217) 359-4141

<http://elliottcounselinggroup.com>

Serves individuals, couples and families, addressing the entire range of emotional and mental health issues. They offer a sliding scale for low income families.

Illinois Department of Human Services

705 N Country Fair Dr, Champaign, IL 61821

(217) 278-5605

<http://www.dhs.state.il.us/page.aspx?item=32490>

M-F 8:30 am - 5pm

Can connect you with mental health and counseling services.

Joanna Kling, M.Ed. LCPC. Progress Group

507 W. Springfield Ave, Urbana, IL

(217) 344-4722 / (217) 953-4264

<http://www.joannaklingtherapy.com>

Offers individual, couple, family, and group counseling and therapy for a wide range of life challenges and psychological issues.

Nicholas Bridgett, LCSW

209 W. University Suite 101, Champaign, IL

(217) 417-6432

<http://www.champaigntherapy.com>

Provides individuals, couples and family counseling for a wide range of emotional and behavioral issues.

GENERAL MENTAL HEALTH

Center for Youth & Family Solutions

1315A Curt Drive, Champaign, IL 61821

(217) 352-5179

<http://cyfsolutions.org>

This agency provides individual and family counseling, crisis response for runaway youth, system of care services for foster families, along with other services for extended family and communities. Does not take Medicaid.

Champaign County Christian Health Center

1400 W. Park St, Urbana, IL 61801

Appointment Line: (217) 402-5683

Other questions: (217) 398-2914

<http://www.ccchc2003.org>

Provides free mental health care services to patients with no insurance or medical card.

Children's Advocacy Center

201 W. Kenyon Rd, Champaign, IL 61820

Child Abuse Hotline: (800) 252-2873

(217) 384-1266

<http://www.co.champaign.il.us/CAC>

Provides medical and victim advocacy, community education, crisis counseling, survivor therapy groups, and information and referral for victims of child abuse.

Cognition Works, INC.

507 West Springfield Avenue, Urbana, IL 61801

(217) 239-0142

<http://www.cognitionworks.org>

Cognition Works, INC. conducts a clinical practice with a focus on all levels of troubling emotions as well as disruptive, risky, or ineffective behavior. They offer directed counseling for individuals, couples, and groups. They take majority of insurances, including Medicaid.

Community Resource and Counseling Center (CRCC)

1510 W Ottawa St, Paxton, IL 60957

(888) 971-5853

www.4crcc.com

Community Resource and Counseling Center (CRCC) is a mental health agency based in Paxton, Illinois offering a wide range of behavioral health services including mental health treatment, community support services, substance abuse services and psychiatric services.

Crosspoint Human Services

1801 Fox Drive, Champaign, IL 61820

(217) 351-9744

Crisis Hotline: (217) 442-3200

<http://www.crosspointhumanservices.org>

Screening Assessment and Support Services Hotline: (800) 345-9049

Domestic Violence Hotline: (888) 549-1800

Crosspoint Human Services offers a wide variety of services to individuals and families. They offer multiple 24 hour hotlines for crisis, domestic violence, as well as screening assessment and support services. Their services include Mental Health/Recovery services, Domestic Violence/Homeless services, Medical Services, Residential Services, Services for those with Developmental Disabilities, and Veterans Services.

Family Service of Champaign County

405 S. State St, Champaign, IL 61820

(217) 352-0099

<http://www.famservcc.org>

Provides counseling, information and referral, Children First training, and coordination of Support Groups through its wide array of services available to Champaign County residents of all ages.

Hope Springs Counseling Services

701 Devonshire, Suites B16-18, Champaign, IL 61820

(217) 531-2360

<http://www.cunninghamhome.org/programs/hopesprings-community-counseling>

HopeSprings counseling expertise is applied directly to individuals—mainly youth and families—in the community who are experiencing difficult life situations. Limited services currently available at Broadmeadow School.

Mobile Crisis Response

1 (800) 345-9049 (Voice)

1 (773) 523-4504 (TTY)

<https://www.illinois.gov/hfs/MedicalProviders/behavioral/Pages/MobileCrisisResponse.aspx>

Mobile Crisis Response provides resources and access to care for youth experiencing crisis in their homes, schools, and communities. By calling the CARES line you will be connected to a trained professional who assess the crisis situation, and make a determination with the youth and family on what services and supports are needed to manage the crisis.

Rosecrance (formerly Community Elements)

24hr Crisis Line: (217) 359-4141

1801 Fox Drive

Champaign, IL 61820

(217) 398-8080

801 N. Walnut Street

Champaign, IL 61820

(217) 373-2430

<http://rosecrancechampaignurbana.org>

Rosecrance is a private not-for-profit organization offering behavioral health services for children, adolescents, adults and families with high-quality, efficient and effective outpatient mental health services for children, adults and families through a variety of programs.

The Pavilion

809 W. Church St, Champaign, IL 61820

(217) 373-1700

<https://www.pavilionhospital.com>

The Pavilion, located in Champaign, provides a safe and nurturing environment where children, adolescents, adults and senior adults can find mental health treatment. Both inpatient and outpatient services offered in this location and accept most types of health insurance including Medicare and Medicaid.

The Wellness Workshop, LLC

30 East Sangamon Avenue, Rantoul, IL 61866

(217) 299-3418

<http://www.wellness-workshop.com>

The Wellness Workshop offers individual, family, couples and group therapy, and is now offering workshops for personal improvement, parenting, and relationships. Limited services are currently available at Pleasant Acres School.

Youth & Family Peer Support Alliance

1776 E. Washington, Urbana, IL 61801

(217) 898-8777

<http://www.youthandfamilyalliance.org>

Provides free services for and with families and children experiencing mental health and/or emotional challenges; as well as educational, juvenile justice, and child welfare involvement services.

SUBSTANCE ABUSE

Healthy Thoughts Wellness Center

2205 E. University Avenue, Suite A, Urbana, IL 61802

(217) 419-4713

<http://www.healthythoughtswellnesscenter.com/index.html>

Hours: Monday - Friday 8AM-8PM by Appointment

Healthy Thoughts Wellness Center assists individuals with a variety of mental health issues, including addictions. Their practice is based on Cognitive Behavioral Therapy and finding effective solutions. Many insurers are accepted, and they are able to assist in accepting new types of insurance. In addition, they offer reduced fees on a case by case basis.

Prevention and Treatment Services (P.A.T.S.)

300 S. Broadway Avenue, Suite 110A, Urbana, IL 61801

(217) 954-1128

<http://www.patspreventionandtreatmentservices.com>

Prevention and Treatment Services (P.A.T.S.) offers a variety of services, education, and counseling. DUI evaluations, DUI Risk Education, Substance Abuse Evaluations and Treatment, a Domestic Violence Intervention program, Anger Management Services, Mental health evaluations, Cognitive Behavioral Therapy, and Parenting classes.

The Prairie Center

718 Killarney, Urbana, IL 61801

Services are also available at 520 E. Wabash Ave, Rantoul (Community Service Center)

(217) 328-4500

24 Hour Hotline: (217) 356-7576

<http://www.prairie-center.org>

The Prairie Center provides both residential and outpatient substance abuse treatment. Outpatient treatment is located at the Danville and Urbana locations, while residential treatment is located at the Champaign location. Services are offered on a sliding payment scale, and many types of health insurance are accepted, including Medicaid.

PARENTING & CHILD CARE

Anabel Huling Early Learning Center

200 S. Century Blvd, Rantoul, IL 61866

(217) 892-2139

<http://ahelc.com>

Child care facility for infants and Preschool age kids. Also provides full and part time child care and before- and after-school transportation.

Center for Youth & Family Solutions

1315A Curt Drive, Champaign, IL 61821

(217) 352-5179

<http://cyfsolutions.org>

Provides individual and family counseling, crisis response for runaway youth, system of care services for foster families, along with other services for extended family and communities.

Champaign County Regional Planning Commission Youth Assessment Center

402 N. Randolph St. Champaign, Illinois

(217) 239-5933

<http://www.ccrpc.org/community-services/programs-services/youth-assessment-center>

Provides assistance with court diversion for youth.

Child Care Resource Services

905 S. Goodwin Ave, Urbana, IL 61801

(217) 333-3252

<http://www.ccrs.illinois.edu>

Provides families seeking child care with a list of local child care options and information on how to select quality care. Administers the state Child Care Assistance Program which offers financial assistance for child care to qualifying families.

Crisis Nursery

1309 W. Hill St. Urbana, IL 61801

(217) 337-2731

Crisis Line: (217) 337-2730

<http://www.crisisnursery.net>

Provides 24-hour emergency care for children to support families in crisis. Support, resources, and services are available for families dealing with challenges such as parental stress, perinatal depression, homelessness, teen parenting, etc. Services include home visits, parent-child interaction groups, support groups, and referrals for resources and follow-ups. If needed, basic care items such as diapers, wipes, formula, and clothing may be available.

Jesus is the Way Prison Ministries

620 W. Liberty Dr, Rantoul, IL 61866

(217) 892-4044

<http://jesusisthewayprisonministries.org>

The Ministry provides chapel services, counseling, drug and alcohol rehabilitation, job skills training and placement, and assistance with housing, food, and clothing.

Illinois Department on Aging

Senior Help Line

(217) 524-6911 / Toll-free: 1-800-252-8966, 1-888-206-1327 (TTY)

<https://www.illinois.gov/aging/CommunityServices/caregiver/Pages/grg.aspx>

Provides resources and support for grandparents raising children.

Illinois Department of Human Services

705 N Country Fair Dr, Champaign, IL 61821

(217) 278-5605

<http://www.dhs.state.il.us>

M-F 8:30 am - 5pm

Can help families meet basic needs.

Little Wings Child Care

205 E. Frost Ave, Rantoul, IL 61866

(217) 893-9022

<http://www.littlewingslearning.com>

Provides programs for before- and after-school, kindergarten readiness, and drop-ins.

Multicultural Community Center

1126 Country Club Ln, Rantoul, IL 61866

(217) 892-4466

<http://www.mcc-rantoul.org>

Provides services to the community in areas of education, cultural arts, recreation, community development, health and social services. Provides child care and a comprehensive service of education, health nutrition, transportation, and social services for children through their Head Start Program and Child Enrichment Program.

National Military Family Association

(703) 931-6632

<http://www.militaryfamily.org/kids-operation-purple/deployment.html?referrer=https://www.google.com/>

Information, resources, scholarships, support and education for military families

Parent Wonders

201 S. Century Blvd #1, Rantoul, IL 61866

(217) 893-0671

<https://sites.google.com/a/parentwonders.org/parentwonders>

Serves parents with children from birth through 36 months residing in rural Champaign County with special emphasis on pregnant and parenting teens and families with the greatest need.

Rosecrance (formerly Community Elements)

24hr Crisis Line: (217) 359-4141

1801 Fox Drive
Champaign, IL 61820

(217) 398-8080

801 N. Walnut Street
Champaign, IL 61820

(217) 373-2430

<http://rosecrancechampaignurbana.org>

Rosecrance is a private not-for-profit organization offering behavioral health services for children, adolescents, adults and families with high-quality, efficient and effective outpatient mental health services for children, adults and families through a variety of programs, a few of which are listed below.

Parenting with Love and Limits (PLL)

Provides multi-family group and individual family coaching sessions for youth involved in or at risk of involvement in the juvenile justice system. PLL is a short term evidenced based practice that draws on structural and strategic family therapy theory to improve overall family functioning and reduce recidivism.

Fatherhood Initiative

Provides free home-visiting and educational/support groups to participants of any age who are fathers or are the significant male caregiver of a child under the age of three.

Healthy Families

Provides free home-visiting services for English and Spanish speaking first-time or second-time parents. The goal is to begin home visiting services during pregnancy or before the infant reaches two weeks of age with a focus on child development, child-parent interaction, parent education and advocacy. Services can be provided until the child enters kindergarten.

Healthy Young Families

Free home-visiting services and teen support groups for first and second-time teen moms under the age of nineteen. Visits are intended to begin while the mother is pregnant or before the baby turns six months of age. Participants can stay in this voluntary program for up to five years.

The Mental Health Juvenile Justice Initiative

The Mental Health Juvenile Justice Initiative program screens adolescents involved in the juvenile justice system for symptoms of major mental illness. Provides case management services to youth and family in an effort to divert the youth from further juvenile justice involvement.

Women, Infants, and Children (WIC)

520 E. Wabash Ave, Suite 2, Rantoul, IL 61866

(217) 893-0832

<http://www.c-uphd.org/wic.html>

Helps safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age 5, who are at nutritional risk. Provides food assistance and referrals to healthcare.

Youth & Family Peer Support Alliance

1776 E. Washington, Urbana, IL 61801

(217) 898-8777

<http://www.youthandfamilyalliance.org>

Provides free services for and with families and children experiencing mental health and/or emotional challenges; as well as educational, juvenile justice, and child welfare involvement services.

PERSONS WITH DISABILITY

Champaign County Down Syndrome Network

1304 W. Bradley Ave. Champaign, IL 61824

<http://www.champaigndsn.org>

Offers support to families who have members with Down Syndrome with activities that include family events and picnics, speaking engagements, community awareness projects, and assistance with educational planning.

Champaign County Regional Planning Commission

Developmental Disability Services

1776 East Washington St, Urbana, IL 61802

(217) 328-3313

<http://www.ccrpc.org>

Independent Service Coordination provides an array of activities on behalf of individuals with developmental disabilities and their families/guardians to help them access generic and specialized services and supports. Provides enrollment into the Prioritization of Urgency of Need for Services (PUNS) database, and provides connections to services that include day programs, counseling, educational, and family support.

Child and Family Connections

Early Intervention

201 W. Springfield Ave, Suites 508 & 509, Champaign, IL 61820

800-877-1152 / 217-693-7958

<http://cicfc.org>

Services include, but are not limited to: developmental evaluations and assessments, physical therapy, occupational therapy, speech-language therapy, nutrition services, psychological services and social work services. This program helps children between the ages of 0 to 3 with disabilities or delays, to learn and grow.

Community Choices

44 E. Main St, Champaign, IL 61820

(217) 621-1090

<http://www.communitychoicesinc.org>

Hours: 9am - 5pm Monday through Friday

Community choices partners with individuals with developmental disabilities with the goal of achieving independence, opportunity, and choice through community transitional support, home-based service facilitation, personal development, job development, employment support, and various social opportunities.

C-U Autism Network

(217) 621-8429 / teresa@autismillinois.org

<http://www.cuautismnetwork.org>

Monthly meetings are held to provide a network of support, training, and education for anyone living or working with persons on the Autism Spectrum.

September-May on the first Thursday of the month from 6:30-8:00pm.

Crosspoint Human Services

1801 Fox Drive, Champaign, IL 61820
(217) 351-9744

<http://www.crosspointhumanservices.org>

Screening Assessment and Support Services Hotline: (800) 345-9049

Crosspoint Human Services offers a wide variety of services to individuals and families. They offer supportive services for those with developmental disabilities.

Developmental Services Center

1304 West Bradley Ave, Champaign, IL 61821
(217) 356-9176

<http://www.dsc-illinois.org>

Provides case management and family support to children and adults with developmental disabilities, and assists families of infants and toddlers who are experiencing or are at risk for delays in development, or have identified special needs.

Illinois Department of Human Services

705 N Country Fair Dr, Champaign, IL 61821
(217) 278-5605

<http://www.dhs.state.il.us>

M-F 8:30 am - 5pm

Can help families meet basic needs.

The Autism Program Resource Room

904 W. Nevada Ave, Urbana, IL 61801
(217) 244-1395 / theautismprogram@illinois.edu

<http://theautismprogram.org/>

Resources range from informational brochures, books, videos, tip sheets, and visual aids in addition to developmentally appropriate and interactive games and toys. Trained staff is available to assist individuals, families, and communities in finding the resources that will be most helpful, and can provide assistance in developing visual tools designed to meet their needs.

RECREATION

Kid's Foundation - Community Service Center

520 E. Wabash Ave, Suite 1, Rantoul, IL 61866
(217) 893-1530

<http://cscrantoul.org/contact-us>

Provides financial assistance for economically disadvantaged youth interested in participating in Rantoul Recreation Department and Rantoul Park District youth programs. The Kids' Foundation will provide vouchers for two different activities for youth K-8th grade living in RTHS district.

Public Engagement Portal - University of Illinois at Urbana-Champaign

Ongoing Programs:

https://engage.illinois.edu/filter/OngoingPrograms?filter=OngoingPrograms&sort=age_group&sortDir=asc

Summer Programs:

http://engage.illinois.edu/filter/SummerActivities?filter=SummerActivities&sort=age_group&sortDir=asc

Engaging activities for children, families, and schools staff in Champaign County offered at the University of Illinois. Activities include summer camps, weekend events, cultural events, clubs, and enrichment activities for all ages.

Rantoul Recreation Department

100 W. Flessner Ave, Rantoul, IL 61866

(217) 893-0461

<http://www.village.rantoul.il.us/index.aspx?NID=279>

Provides park services and recreational programs for residents of all ages. Organized sports for youth and adults are offered. Recreational, educational, information and social activities and services such as hot lunches, craft, scheduled classes and trips are also provided.

Rantoul Crusaders Special Olympics

National website: <https://www.soill.org/about-us/>

Rantoul Special Olympics Facebook Page: <https://www.facebook.com/Rantoul-Crusaders-Special-Olympics-279802315522103/>

Provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

William M. Staerkel Planetarium

2400 West Bradley Ave, Champaign, IL 61821

Office Phone: (217) 351-2568

Show Hotline: (217) 351-2446

<http://www2.parkland.edu/planetarium/index.html>

SHELTER

Austin's Place

First United Methodist Church

210 W. Church St, Champaign, IL 61820

(217) 356-9078

<http://shelter-austinsplace.weebly.com>

Winter emergency shelter for homeless single women.

Centralized Intake

(217) 819-4117

If space is not available, families will be placed on a waiting list.

C-U at Home

302 W. Church St. Champaign, IL 61820

(217) 819-4569

<http://www.cuathome.us>

Services include The Phoenix Daytime Drop-In Center, transitional supportive housing, transportation, and education and advocacy related to homelessness, substance abuse, trauma, mental illness, and more.

Regional Office of Education #9 (ROE)

Education For Homeless Children & Youth
Regina Parnell - Student Services Coordinator
parnellr@roe9.k12.il.us / (217) 893-3219
<http://www.roe9.k12.il.us>

Offers services to homeless families with children and youth who are of school age.

Rosecrance (formerly Community Elements)

24hr Crisis Line: (217) 359-4141

1801 Fox Drive
Champaign, IL 61820
(217) 398-8080

801 N. Walnut Street
Champaign, IL 61820
(217) 373-2430

<http://rosecrancechampaignurbana.org>

Rosecrance is a private not-for-profit organization offering behavioral health services for children, adolescents, adults and families with high-quality, efficient and effective outpatient mental health services for children, adults and families through a variety of programs like STEP.

STEP

Transitional Living Program for runaway or homeless youth ages 16-21; provides counseling and case management services; limited availability for supportive housing for STEP clients.

United Way Emergency Family Shelter

(217) 372-1137

<http://www.uwayhelps.org/EmergencyShelter#>

Serves families with children. Eligibility includes being a Champaign County resident, max family household size is 6 people, and head of the household needs to be biologically or legally related to the children. Any other adults must either be married to the head of the household or biologically or legally related to at least one child. During their time in the shelter, families will work directly with an onsite case manager to find safe, permanent housing and get on a path to self-sufficiency.

TRANSPORTATION

Champaign-County Area Rural Transit System (C-CARTS)

1101 E. University Ave. Urbana, IL 61802-2009
(217) 344-4287
<http://c-carts.com>

Provides safe, convenient, and reliable general public transportation in rural Champaign County. Service is provided within rural areas or between rural and urbanized areas. C-CARTS provides demand response transportation whereby persons needing a ride call ahead to request a specific pick up time and

location. The level of service provided is curb-to-curb which allows drivers to pick up and drop off passengers at the curb closest to the desired pick up and drop off locations. Operating hours are Monday-Friday 6:00 a.m. to 6:00 p.m.

Eagle Express

Fixed Route C-CARTS Service Exclusively Serving Rantoul

1101 E. University Ave. Urbana, IL 61802-2009

(217) 344-4287

<http://www.c-carts.com/fixed-route/>

The **Eagle Express** operates within the Village of Rantoul to connect residents and visitors to employment, public services, and recreational destinations. The one-way fare is \$2.00. Passengers can board at any of the 40 designated stops; please view the route map below for locations of designated stops. **Vehicles operate approximately every 25 minutes between the hours of 5:00 am and 8:00 am and again between 3:00 pm and 6:00 pm, Monday through Friday.**

Major destinations along the route include:

- **Industrial Park Employers**
- **Walmart**
- **Downtown Rantoul**
- **Village Municipal Building**
- **J.W. Eater Junior High School**
- **Multicultural Center**
- **Youth Center**

Rantoul Connector

Fixed Route C-CARTS Service Between Rantoul and Champaign-Urbana

1101 E. University Ave. Urbana, IL 61802-2009

(217) 344-4287

<http://www.c-carts.com/fixed-route/>

The Rantoul Connector links the Village of Rantoul and the cities of Champaign and Urbana. The one-way fare is \$5.00. This fixed stop, express service features stop locations at **(only)** Fountain Valley and Walmart in Rantoul, as well as Country Fair, Illinois Terminal, Presence and Carle Hospitals, and Lincoln Square in Champaign-Urbana. From these destinations, passengers can connect with the Eagle Express in Rantoul, and Champaign-Urbana Mass Transit District services in Champaign-Urbana to complete their journey using a free transfer obtained from the C-CARTS Operator.

Rantoul Connector service operates approximately every 60 minutes between the hours of 5:00 am and 8:00 am and again between 3:00 pm and 6:00 pm, Monday through Friday.

Quality Transport

3515 N. Cunningham Avenue, Urbana, IL, 61802

(217) 607-2468

<http://www.qualitymedtransport.com/home.html>

Provides fast and reliable comprehensive medical transportation.

Transit Reservation Information Program

(855) 477-8747 / (937) 653-8747

Provides transportation to all citizens of Champaign County who are in need of mobility to health care, public services, shopping, jobs, and any other transportation needs.

UTILITY ASSISTANCE

Community Service Center of Northern Champaign County

520 E. Wabash Ave, Suite 1, Rantoul, IL 61866

(217) 893-1530

<http://cscrantoul.org>

Provides information, referral and advocacy services, emergency food pantry, clothing referrals, activity vouchers for youth, Holiday Bureau food and toy distribution, utility and prescription assistance, and fax, copy and notary service. Serves the Northern Champaign County.

Illinois Department of Human Services

705 N Country Fair Dr, Champaign, IL 61821

(217) 278-5605

<http://www.dhs.state.il.us>

M-F 8:30 am - 5pm

Can help families meet basic needs.

Low Income Home Energy Assistance Program (LIHEAP)

1776 E. Washington St, Urbana, IL 61801

(217) 384-1226

<http://www.acf.hhs.gov/ocs/programs/liheap>

Provides assistance with utilities and weatherization.

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